



What is Tao? by Demi Dai

In Zhangzi's view, for a man to be genuinely happy, he must pursue truth for an entire lifetime.

This pursuit, Zhuangzi affirmed, impels him from a state of darkness to a state of light. Just as objects in the shadows are more difficult to see, while in sunlight they are easily discerned, so truth cannot be seen with eyes that are dark, but only through the eyes of understanding.

To escape the dark shadows of the images of reality, a man must free himself from his fetters, turn to the light, and climb out of his cave of ignorance. Initially, the light out of truth might hurt his eyes, but soon he will become accustomed to its brightness and multiple colors.

He will view the soul, the human mind through new eyes and use reason to understand all that he sees and arrives at a question: What is the highest pleasure?



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